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<td>Annual Membership Dues (7/1/18 – 6/30/19) Mandatory fee, unless already paid in Fall 2018.</td>
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**IMPORTANT: Please keep a copy of this page for your schedule.**
WRITER’S WORKSHOP II
3/18-5/13 • 8:00-10:00 am • 8 classes
Class size: 5 minimum/11 maximum
This workshop is a continuation for those who participated in the fall 2018 Workshop. We will advance our exploration of writer’s styles and will write every class. Bring your writers kit.
INSTRUCTOR: Janet Cowperthwaite (see bio below)

WRITER’S WORKSHOP I
3/18-5/13 • 10:15 am-12:15 pm • 8 classes
Class size: 6 minimum/12 maximum
You wrote as a student, and you wrote during your working life, and you used to write long letters, but what have you written lately? Our time will be spent exploring different kinds of writing, doing writing every class, then sharing our writing to positive feedback. All materials will be provided. Bring your memories, experience and creativity.
INSTRUCTOR: Janet Cowperthwaite
Janet Cowperthwaite graduated from Houlton High School in 1959, earned a Bachelor’s Degree in English from the University of Maine in 1963 and a Master’s in Education in 1992. She taught elementary school in Winthrop for many years. In graduate school she enjoyed a writer’s workshop course, and has continued to apply it to her classes.

INTUITION INTEGRATION
3/18-5/13 • 10:15 am-12:15 pm • 8 classes
Class size: 6 minimum/12 maximum
We will be exploring what it means to integrate intuition in our lives. From the Sciences to the metaphysical, we will determine fact from fiction. Readings, class participation and take home activities enhance group dynamics.
INSTRUCTOR: Gail Brown
Gail Brown received her Masters at the Institute of Transpersonal Psychology. She has functioned as a medical intuitive, instructor, social worker and is currently working on her first book.

WHOSE HISTORY IS IT?
3/18-5/20 • 10:15 am-12:15 pm • 8 classes
Class size: 15 minimum/25 maximum
Who writes our history? How does Hollywood determine what historical facts make it into a film? How do we include all aspects of the American story so we can learn about our past? What role does political correctness play? Lots of debate lies ahead in this class! This class is also available on Fridays.
INSTRUCTOR: Mike Bell
Mike Bell loves American history! With a Master’s degree in both history and teaching, and an undergrad degree in Political Science; he has enjoyed a varied career in teaching and historical interpretation. Mike appeared on a History Channel special about PT 109 and for over 20 years portrayed many historical figures, including Butch Cassidy and Sam Houston.

MAINERS – WHO ARE WE?
3/18-4/29 • 1:00-3:00 pm • 6 classes
Class size: 10 minimum/20 maximum
Our state is woven with the threads of many cultures. This six-week class will include guest lectures and discussion as well as a tour of the Maine State Museum, where, among other exhibits, the currently featured exhibit is Maine + Jewish: Two centuries.
Text: New Mainers: Portraits of Our Immigrant Neighbors by Pat Nyhan; Photography by Jan Pieter
INSTRUCTORS:
David Greenham is the associate director for the Holocaust and Human Rights Center of Maine (HHRC), and is an adjunct professor of Drama and English at the University of Maine at Augusta. He has been a theater artist and arts administrator for more than 25 years. In his teaching work with the HHRC, David has been working with curriculums from Facing History and Ourselves, Teaching Tolerance, which is the education arm of the Southern Poverty Law Center, Echoes and Reflections, iCivics, and several other sources.
Barbara Livingston began her “working” years as a social worker at Portland Public Welfare. After her children were born she began teaching in the Augusta school system and thirty years later, she retired. Barbara has a BS from American International College and a Master’s in Adult Education from the University of Southern Maine. Barbara enjoys her weekly bridge group, mostly for the conversation and laughter. She is a member of the UMASC Board of Directors, Curriculum Committee, and participates in the Thursday Book Club.

BRAIN AEROBICS
3/18-5/13 • 1:00-3:00 pm • 8 classes
Class size: 5 minimum/12 maximum
We know that physical activity helps to keep the body healthful. There are many who claim that keeping the mind active will provide a similar positive effect on the brain. In this class we will experience a multitude of activities designed to stimulate the mental side.
Primarily, we will study puzzles, strategies, patterns, similarities and differences. For example:

- Word puzzles (anagrams, cryptograms, filling blanks)
- Number puzzles (Sudoko, fill in the blanks)
- Visual puzzles (sequencing, changes)
- Manipulatives
- Why are some puzzles impossible to solve?

In addition I would encourage students to bring in their own favorites to share with the class.
INSTRUCTOR: Fred E. Brown
Fred Brown taught math at Hall-Dale and Cony High Schools from 1965 until 2000. He also taught as an adjunct at UMA during that time, and was hired as an assistant professor at UMA in 2000. He retired in 2013.
LEARN THE GAME OF PETANQUE
4/30-6/4 • 10:00 am-12:00 noon • 6 sessions
Class size: 2 minimum/8 maximum
This course will consist of six 2½ hour sessions at Augusta’s Mill Park. We will start in the classroom with an explanation of the history and basic rules of the game, and learn proper stance, grip, backswinging and release, pointing, etc. Then we will go to Mill Park where you will learn to play 2 on 2 and learn to “read” the courts. It’s an easy game to learn, so we cannot be responsible if you become addicted to this game.

INSTRUCTOR: Raymond Fecteau
Raymond Fecteau founded Mill Park Petanque in 2010 and has promoted the game of Petanque for the last 8 years.

INSECTS ARE (MOSTLY) OUR FRIENDS
3/19-5/7 • 10:15 am-12:15 pm • 8 classes
Class size: 10 minimum/20 maximum
Do you look for fireflies during summer evenings? Get excited when monarch caterpillars show up in your yard? Wonder what those almost invisible critters are dancing in a beam of sunlight? Enjoy phoebes “hawking” for moths in the air? Recent reports indicate a huge decline in insect populations all over the world. What will we be missing if this trend continues?

Come join us as we explore the beautiful, complex world of insects and their relationships with the rest of the natural world, including us. Let’s look at insects through the lens of birds who eat them, and plants that need them for pollination. We’ll learn about insects’ communication abilities. We will share ideas for pollinator-friendly flyways, “hotels” for native bees, and more. As usual we will have fun, there will be hands-on activities, and you will have opportunities to share your own adventures with these fascinating fellow residents of our planet. Text: Golden Guide to Insects

Photo: Caterpillar of Black Swallowtail butterfly by Judith Feinstein

LEGISLATIVE ADVOCACY & ELECTION PRACTICES
3/19-5/7 • 10:15 am-12:15 pm • 8 classes
Class size: 8 minimum/18 maximum
Hear from a Maine membership organization and a former state legislator about their approaches to legislative advocacy in the first two weeks of the course, returning in the last two weeks for an update providing their impressions of the session and success of their advocacy positions. During the middle four weeks, the class will hear about state and national election practices and discuss “election ethics” with a local expert. Class materials will be provided by individuals participating in the course.

INSTRUCTORS: Marilyn Canavan, Jerry Nault
Marilyn Canavan served as Director of Maine’s Commission on Governmental Ethics and Election Practices for ten years prior to being elected to four terms in the Maine House of Representatives. As Commission Director, she helped write Maine’s Clean Election Law and as State Representative she was named Woman of the Year by the Waterville Professional/Business Women Association and Legislator of the Year by the Maine Chapter of NASW. She joined UMA Senior College in 2011 and has served on the UMSC Board since 2014. She is Chair of the Publicity Committee and a member of Forum on the Future Committee.

Hobbies: Writing bad poetry and singing off key.

Jerry Nault, a self-confessed “political junkie” from Windsor, has served on the Board of Selectmen, Assessors, Overseers of the Poor, Town Board of Appeals, Windsor (and Kennebec County) Budget Committees. He is currently Windsor’s representative to the Sheepscot Valley Regional School Unit’s Board of Directors, and serves on the Windsor Planning Board.

MAINE MASTER NATURALIST TEAM:
Judy Feinstein, Gaby Howard, Cathie Murray, Kit Pfieffer and Karen Simpson
This team of Maine Master Naturalists, along with guest speakers, has offered numerous Senior College classes in the past, from survey courses to deep dives into trees and birds. Everyone on the team has completed the rigorous year-long Maine Master Naturalist program. We offer these courses to share our excitement about the natural world. And yes, we know some of you have clamored for a Birds II class, but bear with us. We realized many bird species in Maine rely on insects for their existence, either directly as food, or indirectly through plant seeds and fruits arising from insect pollination, or from relying on food animals that ate insects. We are excited to explore the amazing world of insects with you!

Photo: Caterpillar of Black Swallowtail butterfly by Judith Feinstein

SoulCollage® EXPLORING OUR ARCHETYPAL STORIES
3/19-5/7 • 1:00-3:00 pm • 8 classes
Class size: 6 minimum/10 maximum
Each of us have archetypal roles and stories that guide us. Participants will learn about those that guide our lives by making small collages of intuitively chosen images and using different methods of dialoguing with the collages. Those new to SoulCollage® will learn a holistic and fun approach to enlarging their social, emotional, and spiritual soul. Those who already practice SoulCollage® will be able to build the council suit and learn new ways to gain insight from their cards.

INSTRUCTOR: Stephanie Harkness
Stephanie Harkness retired in 2009 from the Veterans Affairs Medical Center in Augusta. She has a Florida State MSW (1985), and a University of Oklahoma Art Therapy Certificate (2000). Since 2007 Stephanie has facilitated SoulCollage® with 20 years of experience facilitating groups/workshops. She continues to study art and encourages others to explore their own creativity.
NEW ORLEANS R&B: BIRTH, DECLINE, REVIVAL
3/19-5/7 • 1:00-3:00 pm • 8 classes
Class size: 5 minimum/25 maximum

We will take a musical stroll through the Crescent City’s fertile rhythm and blues heritage from the post WWII period to the present. We will examine what makes New Orleans musical culture unique, the origins of NOLA R&B, and the musicians who have created the pulse of the Big Easy. A prominent part of the course will be the 1950’s and early 1960’s when New Orleans’ recordings formed the epicenter of R&B and early rock ‘n roll. The course will examine the music and careers of New Orleans legends from the famous (Professor Longhair, Fats Domino) to the more obscure artists. We will also consider more contemporary musicians and the current musical scene. A special feature will be a discussion on the tradition and music of the Mardi Gras Indians. Put on your dancin’ shoes.

Text: I Hear You Knockin’ by Jeff Hannusch

INSTRUCTOR: Frank Johnson

Frank Johnson has a lifelong passion and interest in African-American music: jazz, blues, rhythm & blues, soul, and Afro-Latin. He has a collection of over 4,000 albums covering these genres. In addition, he has a personal library of over 250 books on African-American musical styles, musicians and cultural influences. Frank is a graduate of University of Maine with a degree in Political Science and Harvard University’s John F. Kennedy School of Government Program for Senior Executives of State and Local Government.

SPANISH 1.75
4/2-5/21 • 1:00-3:00 pm • 8 classes
Class size: 2 minimum/10 maximum

A continuation of the Spanish 1.0 and Spanish 1.5 classes just completed in November. Other students with some background in Spanish welcome. Emphasis continues to be on speaking, with lots of writing, reading, and basic grammar included to facilitate communication in the language. Not recommended for beginners with no previous Spanish language experience.

INSTRUCTOR: Diane Dionne

Diane Dionne received her BA in Education from Illinois State University with a French major and a Spanish minor. She received her MA in French, also from ISU. She also completed a 6-week summer program for American teachers of Spanish at Instituto Tecnologico de Monterrey, Mexico and a 6-six week summer French studies program at Universite de Grenoble. Diane has had many wonderful opportunities to experience family life and local culture with friends and acquaintances in Mexico and Spain.

GRANITE HILL LECTURE SERIES
3/19-5/7 • 1:00-3:00 pm • 8 weeks
Class size: 15 minimum/50 maximum
Location: Granite Hill Estates, 60 Balsam Drive, Hallowell, ME 04347

MARCH 19
WHO BELONGS HERE? AN AMERICAN STORY
Presenter: Margy Burns Knight
Reprinted in June 2018, Who Belongs Here? by Margy Burns Knight tells the story of a Cambodian boy who was told that his new life in the US would be better than heaven. A story line relevant and potent today.

MARCH 26
THEY FOUGHT ON BOTH SIDES OF THE CIVIL WAR
Presenter: Mike Bell
Through a study of his family tree, Mike Bell discovers that in the Civil War his relatives served for both the North and South.

APRIL 2
GERMAN POWs IN MAINE
Presenter: David Greenham
Between 1944 and 1946, over 4,000 German prisoners of war called Maine home. The story of how they arrived, and the lasting impact they had on the people who encountered them.

APRIL 9
1066: THE YEAR THAT CHANGED ENGLAND
Presenter: Jane Paxton
When William the Bastard (later William the Conquerer) defeated King Harold at the Battle of Hastings, England became more Norman French than Anglo Saxon.

APRIL 16
MAINE WOMEN ON CENTER STAGE
Presenters: Sue O’Halloran, Linda Williams
Learn about two remarkable American women with strong ties to Maine – Harriet Beecher Stowe (1811-1896), an abolitionist and author who lived in Brunswick; and Lillian Nordica (1857-1914) a famous opera singer born in Farmington.

APRIL 23
NEPAL: FROM TREKKING TO HOUSE BUILDING
Presenters: David & Marty Thornton
With over four different visits to Nepal, David and Marty will take you on a Himalayan trek, visit Kathmandu, and show you how earthquake safe earth bag homes are used to replace more fragile structures.

APRIL 30
ALASKA: THE LAST FRONTIER
Presenter: Elizabeth Reinsborough
Visit Denali National Park, Glacier Bay, the Prudhoe Bay oil fields, and the Gates of the Arctic wilderness area in this Powerpoint presentation covering Alaska.

MAY 7
A LITTLE MAINE RAILROAD
Presenter: Art Ray
Discover the past and present history of the Narrow Gauge Railroad, the Wiscasset, Waterville and Farmington Railroads.

CLASS CANCELLATION DUE TO WEATHER
When UMA is closed for inclement weather, Senior College classes will also NOT be held.

If you are unsure, call the UMA Storm Line at 621-3000 or visit the UMA website: www.uma.edu
EXPLORE MAINE'S UNIQUE PLACES
4/3-6/5 • All Day, starts at 8:00 am • 10 weeks
Class size: 10 minimum/35 maximum
A ten-week course on Wednesdays to Explore Maine Unique Places. We will carpool from the Randall Parking Lot at UMA to a UNIQUE PLACE, explore the unique place and have lunch be it at an eatery (restaurant, snack bar) brought from home picnic lunch or what have you. We will have an after-action Party on the fourth or fifth Wednesday of May at our home. We will join Duane on a trip to Monhegan Island in the first week in June.

INSTRUCTOR: Tom Barden
Tom Barden retired from several professions including the military – now assisting land and home owners, and enjoying traveling in Maine and the United States. He has taught several courses at UMASC and USM L/A, as well as co-teaching the several ‘Exploring Maine’ courses.

BEGINNING BASKETRY
3/20-5/8 • 10:15 am-12:15 pm • 8 classes
Class size: 5 minimum/10 maximum
A class for the very beginner to the advanced student. At least three baskets will be taught, that will teach the basic skills. Students will be encouraged to use their creativity by using color and embellishments. Four small fun projects will be offered for those who finish their major project. Each student is encouraged to work at his/her own pace. Some materials provided.

INSTRUCTOR: Diane Wheeler (see bio below)

CONTEMPORARY JAZZ
3/20-5/8 • 10:15 am-12:15 pm • 8 classes
Class size: 6 minimum/24 maximum
This course is a listener’s guide to contemporary jazz of the past 35 years. We will listen to noteworthy and influential artists of the post-bop era. Each class will examine a range of musical settings from small group ensembles, piano trios, Afro Latin jazz, female vocalists, and larger bands. The survey will include dozens of musicians such as long-established figures like McCoy Tyner, the Marsalis family and Cedar Walton as well as lesser-known artists such as Emily Remler and Ralph Moore. The small group ensembles will be led by a wide range of instrumentalists. The primary objective of the course is to expose the casual listener to the considerable roster of contemporary musicians who are keeping acoustic jazz vibrant and innovative.

INSTRUCTOR: Frank Johnson
Frank Johnson has a lifelong passion and interest in African-American music: jazz, blues, rhythm & blues, soul, and Afro-Latin. He has a collection of over 4,000 albums covering these genres. In addition, he has a personal library of over 250 books on African-American musical styles, musicians and cultural influences. Frank Johnson has a graduate of University of Maine with a degree in Political Science and Harvard University’s John F. Kennedy School of Government Program for Senior Executives of State and Local Government.

INTERMEDIATE BASKETRY
3/20-5/8 • 1:00-3:00 pm • 8 classes
Class size: 5 minimum/10 maximum
This class will be for students who have mastered basic skills. A series of baskets will be offered that will introduce more challenging skills. The student will be able to choose which basket to work on. If a student has a specific type of basket in mind, that can also be explored. Each student will work at his/her own pace. Some materials provided.

INSTRUCTOR: Diane Wheeler
Diane Wheeler graduated from UM at Orono with a social work degree. She took several art courses while attending college. Diane worked for the State of Maine for 25 years and retired as a Case Work Supervisor for children’s services. Over the years, Diane has taken numerous courses and workshops in various art mediums. Her current main interest is Basketry.

CROCHET BEGINNER/INTERMEDIATE
3/20-5/8 • 1:00-3:00 pm • 8 classes
Class size: 5 minimum/20 maximum
Students will learn the following stitches, abbreviations, and symbols: chain, single crochet, half double crochet, double crochet, treble crochet, front post crochet and back post crochet, and slip stitch. They will also learn other terms such as front and back loops. They will learn to read patterns, will design their own scarf, and make a beanie hat (with or without ear flaps). Materials will be provided.

Intermediate students will first review stitches, abbreviations, and symbols. They will practice with a rectangle made with different stitches, simple patterns, and a symbol pattern. They will make a three-dimensional object. All students will choose a variety of projects from patterns designed by the teacher, ie a hat with front and back post stitches, a stuffed 6 inch bear, a scarf and a baby blanket. Their final project will be a design by them in conjunction with the teacher. Materials will be provided.

INSTRUCTOR: Carole Fitzgerald
Carole Fitzgerald learned to crochet 45 years ago from her mother in law and has had a variety of her patterns published. She taught crochet at Michaels, Joann’s and at Stevens Elementary School and Stevenson Middle School in Houston, Texas.
MAINE’S ARCHITECTURAL HISTORY
3/20-5/22 • 3:15-5:15 pm • 10 classes
Class size: 8 minimum/20 maximum
Learn about 250 years of Maine architecture including typical buildings of our cities and towns. Course will include visual images of local structures and opportunities to experience direct contact with artifacts, architectural prints, periodicals, tools, etc. General discussion will focus on methods of construction, technology and style changes, and the ideas behind them. Our class goal is to make connections between everyday structures and the larger architectural themes that helped shape them. Sharing photos and experiences from your own home is encouraged and can be integrated into class content. Hopefully we will develop an appreciation of the need to advocate for historic preservation. Content will include discussion of restoration, historic preservation, and how to solve common old house issues.

INSTRUCTOR: Dan Mitchell

Dan Mitchell, an enthusiastic advocate for historic restoration, traditional building, and Maine’s culture, has a small restoration carpentry business in Sidney called River Road Restoration. He has done presentations for nearly all local historical societies, and has taught this course for adult education in Waterville and Augusta.

MAKING POVERTY PERSONAL
March 17, 2019 at 2 pm
Jewett Auditorium
FREE ADMISSION
(Snow Date: Mar 31)
Making Poverty Personal will include points of view of an antipoverty activist, a professional working with poor people, and a person who has achieved success in the struggle against poverty. We’ve seen the statistics. The forum will give an in-the-home look at hope for a better future.

CONVERSATION IN FRENCH
3/21-5/9 • 10:15 -12:15 pm • 8 classes
Class size: 6 minimum/18 maximum
Come to converse in French and brush up on your French, even if you have not spoken in years. We will discuss a variety of cultural topics such as lyrics of popular songs, environment, immigration, family, food, education, tourism, etc., based on your interests. We will use authentic cultural materials (music, film clips, articles, short excerpts, and web resources) to start our discussions. We will share food cultures, and possibly have one whole-day field trip to Lac Mégan tic for the last class if there is interest. Passports would be needed to go to Canada. Materials will be provided.

INSTRUCTOR: Sylvie Charron

Sylvie Charron, a native of France, holds an M.A. from the Sorbonne and a Ph.D. from the University of Wisconsin. She was Professor of French at the University of Maine at Farmington for 25 years and chaired the International Studies Program. She has an interest in French speaking cultures around the world and teaches through multiple media including film and literature.

A CAPELLA SINGERS
3/21-5/9 • 10:15 -12:15 pm • 8 classes
Class size: 12 minimum/24 maximum
Remember singing in your high school or college choir, or wishing that you had? It’s never too late! Let’s try to revive that joy of making music together, expressing ourselves through the act of singing with others. As a choir director, I especially loved working with a capella groups. The absence of accompaniment helps singers learn to hear the harmonies and blend their voices together in a true ensemble. It also eliminates the group’s dependence on a pianist or need to practice in a place that has a piano. We will learn some madrigals and other works from a long lost time, when evening entertainment consisted of family members and friends gathering around a table and singing together after dinner. The harmonies were somewhat different then; the music is somehow haunting and soulful. We may do some more modern pieces as well. The voice is a musical instrument that everyone owns, and is a wonderful gateway to all things musical. I look forward to working with you in a singing ensemble where we will sing and grow and learn together.

INSTRUCTOR: Kathleen Jameson

Kathleen Jameson enjoyed a long career in education, including 25 years of teaching and directing choirs at various age levels. Her high school choirs earned high honors at festivals and competitions, performed extensively in their communities, and were enthusiastically received at Disneyland, Sea World, and Pepperdine University while on tour. As Performing Arts Dept Chair at Albuquerque Academy and Supervisor of Vocal Music for the Colorado Springs Public Schools, she oversaw dozens of choral teachers and hosted large choral festivals. Her most poignant experience as a teacher was with the Flagstaff High School Choraliers, a group that performed mostly A Capella and sounded like a choir of angels.

REGISTER online @ www.umasc.org
DIGITAL PHOTOGRAPHY
BEYOND THE SNAPSHO
3/21-5/9 • 1:00-3:00 pm • 8 classes
Class size: 5 minimum/12 maximum
Nearly all digital cameras offer excellent value and produce satisfactory photos when left in Auto mode, but if you would like to take your photography skills to the next level, some instruction will likely prove useful. Elise and Linwood will offer advice on which cameras are best for specific uses; explain basic concepts and terminology; discuss all those mysterious camera settings; demonstrate technique; and encourage student participation.

INSTRUCTORS:
Elise Klysa, Linwood Riggs
Elise Klysa is a professional in visual storytelling and photography. She is the owner and photographer of a full service photography business specializing in events, weddings, photojournalism and portraits. Since moving to Maine, Elise has immersed herself in photography where she draws her inspiration from finding the extraordinary in the ordinary.
Linwood Riggs has devoted much of his free time to his nature photography hobby; birds in flight are his specialty – the Ospreys, Bald Eagles, Sandhill Cranes and Great Blue Herons which abound in the Kennebec River Valley and Mid-Coast area. He also travels to the Western U.S. and Alaska. His photographs have been displayed in numerous exhibits in Maine. Examples of his work may be seen at www.riggsphoto.com

ABC’S OF DRAWING
3/21-5/9 • 1:00-3:00 pm • 8 classes
Class size: 6 minimum/15 maximum
The ability to draw is being able to see what is observed and to transfer that observation to paper. Fundamental drawing skills and techniques can be learned. We will use exercises to encourage the right side of the brain to do the work of “seeing”. With practice, it will gradually become easier to switch consciously into intuitive visual perception. “What the eye can see, the hand can draw.” –Michelangelo. Materials provided.

INSTRUCTOR: Barbara McCarthy
Barbara McCarthy’s life has always been filled with a desire to create art. She remembers watching her artist mother draw portraits of family and friends, and then drawing her own “beautiful” princesses. Even after nursing school, marriage and raising 5 children; she earned a BA in studio art at Smith College and continues to share her love.

BEGINNER PICKLEBALL
3/21-4/25 • 1:00-2:30 pm • 6 classes
A-Copi Tennis & Sports Center
Class size: 8 minimum/20 maximum
This game was invented by two men who wanted a game that the whole family could play. It started in a back yard on a badminton court with a lowered net, 2 ping pong paddles and a whiffle ball. It’s FUN and easy and with a few lessons, you will join the millions of seniors who love this sport.

BEGINNER PICKLEBALL continued
We will be playing at A-Copi Tennis & Sports Center (23 Leighton Rd, Suite 2, Augusta). All equipment will be provided. Beginners only.

INSTRUCTOR: Carole Baldwin
Carole Baldwin chairs the UMSC Board of Directors and Curriculum Committee, and subs Fit For Life classes! She was a high school health and PE teacher/coach, health educator for the School Health Education Program and Health Programming Incorporated, Substance Abuse Educator/Counselor, and guidance counselor for Skowhegan Middle School.

THE RACIAL DIVIDE
IN AMERICA AND ELSEWHERE
3/21-5/9 • 1:00-3:00 pm • 8 classes
Class size: 5 minimum/12 maximum
There are many aspects that divide us culturally, socially and biologically from each other as we try to surmount the complex issues of color, race and ethnicity. Using National Geographic’s special edition on Black and White, we will study and discuss these matters of diversity. We must rethink what we have been taught to believe about race, especially as it applies to the geopolitical world in which we live. The book, Cry the Beloved Country, and Life Magazine’s Special Edition on Mandela will serve as the backdrop for comparing apartheid in South Africa with the racial divide in America. Texts provided.

INSTRUCTOR: Grace Leonard
Grace Leonard is a Professor Emerita of Psychology and Mental Health at the University of Maine at Augusta. During her tenure at UMA, she served as an Academic Dean, a Department Chair of Social Sciences and a Professor. She considers her focus to be Community Mental Health. She also serves on several community based boards and committees in the greater Augusta community.

RELIGIONS OF SCIENTISTS
3/21-5/9 • 3:15-5:15 pm • 8 classes
Class size: 7 minimum/16 maximum
Since the Age of Enlightenment writers have referred to the “war” between science and religion. Is there really that much conflict between people committed to faith and people committed to empirical investigation? Well, maybe it all depends… We know from statistical studies that scientists are among a group least likely to profess a belief in God. Well, what do you mean by “God?” In this course we will examine the various kinds of thoughts scientists have regarding religion and categories of scientists ranging from aggressive opponents of religious teachings to willing acceptors of religious beliefs. Classes will be conducted in seminar fashion; some serious reading will be expected of students. Textbook provided.


INSTRUCTOR: Chuck Acker
Charles Acker holds a PhD in clinical and physiological psychology from UCLA to help him understand belief systems and mind-body relationships. In the distant past he worked with community leaders, interested older citizens, Senior College Network promoters and key UMA personnel to help bring Senior College to Augusta.
MAINE HISTORY TOUR
5/10-6/14 • 8:00 am-4:00 pm • 6 classes
Class size: 10 minimum/14 maximum
We’re off on a magical History tour (with apologies to The Beatles) of well-known and little-known Maine sites. Have you seen the jewels and costumes of Maine’s internationally famous Diva, Lillian Norton Nordica? Would you like to see the family home visited by Frances Perkins, FDR’s Secretary of Labor on a tour specially conducted for our class? What about a walking tour of Harriet Beecher Stowe’s Brunswick? All of these and many more places will be visited in this six-week class beginning May 10th. Carpools will be arranged and walking will be included. We will pay a fee or donation to most of the sites. Stops for lunch will be arranged. This class will give you new ideas of places to take all those visitors who come to stay with you during summer in Maine and/or deepen your appreciation of our unique history. AND it will be fun!

INSTRUCTORS:
Bob O’Halloran, Linda Williams
Bob O’Halloran (aka Mick) received most of his education in Miss Down’s Third Grade class in Millinocket. He later went on to Stearns High School, the University of Maine and finally to UMA Senior College. He spent most of his career working in manufacturing where he somehow managed to avoid being laid off until he was old enough to go on Medicare. Bob and Sue now live in Winthrop.

Linda Williams taught 2½ years. She has a BA in History and a MA in Education from University of Michigan. In Maine, Linda worked extensively with the Office of Substance Abuse, the Maine Youth Suicide Prevention Program, and Somerset County Hospice as Executive Director. Linda’s classes are always well-received and highly rated.

INTRODUCTION TO THE POEM: A PRACTICAL APPROACH
3/22-5/10 • 10:15 am-12:15 pm • 8 classes
Class size: 8 minimum/15 maximum
What is a poem – towards a definition. Types of poems – Found poems, list poems, haiku, couplets, quatrains, rhyming meter, formal poetry verses, free verse (verse vs verse), Robert Frost & figures of speech. Uses of obscurity in poetry vs clarity. Story poems. Topics – animals, nature, love, loss, death, humor, satire. Class will be interactive, and students will write poetry and present to the class. For beginners in poetry and for the more experienced as well. Textbook provided.

INSTRUCTOR: James Breslin
James Breslin, a retired Clinical Social Worker, is an active poet with a book of poems to his credit, The Crow and Other Poems. He has published in the Lyric, Aurorean, The Mother (Ireland), Off the Coast, Pulse, and Stanza; and has won several prizes from the Maine Poets Society. A friend of Ted Bockey’s, James has attended many of his UMASC Poetry and Humor classes.

CLASSIC FILMS FOR SENIOR COLLEGE
3/22-5/17 • 8:30 am-12 noon • 9 weeks
Location: the Klahr Center
Class size: 6 minimum/50 maximum
This 9 week course consists of an analytical and fun discussion group exploring the relative merits of selected top-rated Classic Films as determined by the American Film Institute (AFI), British Film Institute (BFI), and prior classes. Films are critiqued by participants. Class members are encouraged to suggest movies and lead discussions.

The 9 movies for this semester are: Mamma Mia!...Again, 2018; Caine Mutiny, 1954; Whatever Happened to Baby Jane, 1962; Being There, 1979; Chariots of Fire, 1981; Big Chill, 1983; Purple Rose of Cairo, 1985; Driving Miss Daisy, 1989; and Bridge on the River Quai, 1957. Text and study materials are provided. We accommodate the hearing impaired.

INSTRUCTORS:
Chet Day, Art Ray, Peter Ezzy
Chet Day has degrees in math, physics, EE/computer science, and business admin. He retired in 1995 from computer communications research for Bell System. Chet is on the UMASC Arts and Presentations Committee and volunteers for UMASC/UMA College of Arts & Sciences Concert Series. He and Deena have 4 grandchildren.

Art Ray is a graduate of the University of Maine in electrical engineering and retired after 35 years at CMP. A student of UMASC since Fall 2003. Art does Power-Point lectures on art and Maine local history for the Granite Hill/Brown Bag programs.

Peter Ezzy is an early supporter of Maine Senior Colleges and currently serves on the UMA Senior College Curriculum Committee. He recently retired from State service after working in the human services program area for over thirty-three years. He also served as a reserve officer with the Maine Emergency Management Agency. After completing undergraduate and graduate studies at UM at Orono, he served proudly in the USAF. He is also active with the Maine Association of Retirees. He is an avid gardener and outdoorsman.

UMASC POLICY: Disabilities & Special Needs
The University of Maine at Augusta Senior College complies with all laws which define the rights of individuals with disabilities and makes reasonable efforts to accommodate specific needs related to Senior College programs. If you have specific disability needs, please let the Senior College office know about them in a timely fashion, for lead time is required to determine possible accommodations.

In complying with the letter and spirit of applicable laws and in pursuing its own goals of diversity, the University of Maine System shall not discriminate on the grounds of race, color, religion, sex, sexual orientation, including transgender status and gender expression, national origin, citizenship status, age, disability, genetic information or veteran status in employment, education, and all other areas of the University System. Upon request, the University provides reasonable accommodations to qualified individuals with disabilities.

Questions and complaints about discrimination in any area of the University should be directed to: Sheri Stevens, Equal Opportunity Director, UMA Farmhouse, 621-3110 (TDD-207-621-3107).
WHOSE HISTORY IS IT?
3/22-5/17 • 10:15 am-12:15 pm • 8 classes
Class size: 15 minimum/25 maximum

Who writes our history? How does Hollywood determine what historical facts make it into a film? How do we include all aspects of the American story so we can learn about our past? What role does political correctness play? Lots of debate lies ahead in this class!

This class is also available on Mondays.

INSTRUCTOR: Mike Bell
Mike Bell loves American history! With a Master’s degree in both history and teaching, and an undergrad degree in Political Science; he has enjoyed a varied career in teaching and historical interpretation. Mike appeared on a History Channel special about PT 109 and for over 20 years portrayed many historical figures, including Butch Cassidy and Sam Houston.

FUNDAMENTALS OF WATERCOLOR
3/22-5/10 • 1:00-3:00 pm • 8 classes
Class size: 6 minimum/15 maximum

Using classic strategies for development of strength in painting, we will learn how to master the wash, how to work with color, value and light, and how to use good design principles. By using various tips and solutions, you will find fun and creative techniques to incorporate into your own style. Through understanding basic fundamentals - and lots of practice - success is sure to follow. Some materials provided.

INSTRUCTOR: Barbara McCarthy
Barbara McCarthy’s life has always been filled with a desire to create art. She remembers watching her artist mother draw portraits of family and friends, and then drawing her own “beautiful” princesses. Even after nursing school, marriage and raising 5 children; she earned a BA in studio art at Smith College and continues to share her love.

HOW MUCH SHOULD I EARMARK FOR ELDERCARE?
3/22-5/10 • 1:00-3:00 pm • 8 classes
Class size: 3 minimum/12 maximum

The question was asked and explored by my Fall ’17 Common Sense Investing class. The answers merit a “back to basics” course to deal with the 3rd lifetime, major expense after “house” and “kids’ education.” We will try to understand the amazing phenomenon of compound interest and how it can help us. We will explore and summarize cost data on the three phases of Eldercare: Independent Living, Assisted Living, and Nursing Care to determine parameterized costs (odds of 2:1, 4:1, 8:1 “less than”) to reduce risk. Finally, the class will consider compiling data on or visiting local providers.

INSTRUCTOR: Chet Day
Chet Day has degrees in math, physics, EE/computer science, and business admin. He retired in 1995 from computer communications research for Bell System. Chet is on the UMASC Arts and Presentations Committee and volunteers for UMASC/UMA College of Arts & Sciences Concert Series. He and Deena have 4 grandchildren.

LAST 3 CONCERTS OF THE SEASON
UMA College of Arts & Sciences & UMASC present the 15th season!

Concerts at Jewett
The Jewett Hall concert series, sponsored by local businesses and private contributions, features talented Maine performers representing a variety of musical forms.

2019 MARCH - MAY PERFORMANCES:

SANDY RIVER RAMBLERS
MARCH 10
(Snow Date: Mar 24)
Sandy River Ramblers, known for its vocal harmonies, and virtuoso instrumental playing. Songs like “Slow Down (You’ll Hit a Moose),” “Boots From L. L. Bean,” and “Bear in the Barn” give this band a unique regional flavor.

CASTLEBAY
APRIL 7
Traditional Irish Music. Fred Gosbee and Julia Lane mix vocals, Celtic harp, guitar, and fiddle with legend, lore & history. Their programs always have a Maine theme.

MASANOBU IKEMIYA
MAY 19
Classical & ragtime pianist. Light-hearted ragtime rhythms, the classics, sometimes videos of places and projects that inspire him. Peace activist, environmental steward, and C@J favorite.

TICKETS $10
Students ages 13-18 are $5 • 12 and under free
Tickets at Dave’s Appliance in Winthrop and at the door.
Proceeds from the “Concert at Jewett” help subsidize present/future lectures and community concerts.
UMASC: OUR MISSION

The mission of the University of Maine at Augusta Senior College is to provide a curriculum of stimulating learning opportunities and activities for all persons 50 and over and their partners.

The University of Maine at Augusta supports our Senior College activities by providing office and classroom space, as well as, support services. All Senior College Board members, faculty, and committee members are unpaid volunteers. The efforts of all who contribute to the success of UMASC are much appreciated.

REGISTRATION & MEMBERSHIP

To register for UMASC courses online go to our website at www.umasc.org, or fill out the registration form located on the inside front cover of this program and mail it to:

UMA Senior College Office - The Farm House
46 University Drive, Augusta, ME 04330

You may also submit your registration in person at the UMASC office in the Farm House on Community Drive (The one with the moose statue on the front lawn).

Senior College membership is $25 per year (July 1 to June 30). Class tuition is $30 per UMASC course (Includes books and materials provided by UMASC).

Senior College participants who are also members of the Maine Association of Retirees (MAR) are eligible for partial membership reimbursement from MAR. For more information about the MAR, go to www.maineretirees.org.

Thank You

Duane Prugh

This is the first and only course catalog not created by Duane Prugh in the history of UMASC. Even after he has retired from the office, if you received the catalog by mail, it was sent to you with computer technology he devised 18 years ago. And in those 18 years, almost every name, address, class choice, etc. of everyone who has taken a course was typed by hand into the system by Duane.

Although Chuck Acker, a founder and first Chairperson of UMASC, writes “The success of Senior College cannot be attributed to any one person but stands as a monument to the volunteer efforts of dedicated, thoughtful and willing senior citizens, acting collectively and cooperatively,” he also singles out some early supporters as having “made especially noteworthy contributions to the development of UMASC. Among those he mentions is Duane Prugh for his “invaluable computer-assisted management”. Thank you, Duane.

More of Chuck Acker’s historical perspective of UMASC will be appearing on the web at umasc.org.
## UMA SENIOR COLLEGE
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