Name: ____________________________________________________________
Birth Year: ________________
Address: __________________________________________________________
City/Town: ___________________ ZIP code ______________
E-Mail address: _____________________________________________________
Phone #: __________________________________________________________
Previous Occupation: ________________________________________________
MAR ID # (Maine Assoc. of Retirees): ____________________________

<table>
<thead>
<tr>
<th>MONDAYS (pages 1-2)</th>
<th>TIME</th>
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<tbody>
<tr>
<td>Writers’ Workshop II</td>
<td>8:00 AM</td>
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<tr>
<td>Writers’ Workshop I</td>
<td>10:15 AM</td>
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<tr>
<td>Sinatra: The Best is Yet to Come!</td>
<td>10:15 AM</td>
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<tr>
<td>Maine Women Take Center Stage</td>
<td>10:15 AM</td>
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<tr>
<td>Intermediate Contract Bridge</td>
<td>10:15 AM</td>
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<tr>
<td>Bridge Basics I</td>
<td>1:00 PM</td>
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<tr>
<td>Empathic Intuition</td>
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<tr>
<th>TUESDAYS (pages 2-3)</th>
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<tbody>
<tr>
<td>Music Theory - Unlocking the Code</td>
<td>10:15 AM</td>
</tr>
<tr>
<td>The Golden Years of Rhythm &amp; Blues</td>
<td>10:15 AM</td>
</tr>
<tr>
<td>Soul Collage®-New Paths to Inner Wisdom</td>
<td>1:00 PM</td>
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<tr>
<td>Spanish 2</td>
<td>1:00 PM</td>
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<tr>
<td>Granite Hill Lecture Series</td>
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<th>WEDNESDAYS (pages 4-5)</th>
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<tr>
<td>Soul Music: Soundtrack for a Generation</td>
<td>10:15 AM</td>
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<tr>
<td>Introduction to the Life, Poems and Craft of Robert Frost</td>
<td>10:15 AM</td>
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<tr>
<td>Despair and Hope in the Anthropocene</td>
<td>1:00 PM</td>
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<tr>
<td>Beginner Crochet</td>
<td>1:00 PM</td>
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<tr>
<td>Central Maine’s Architectural History</td>
<td>2:30 PM</td>
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<tr>
<th>THURSDAYS (pages 5-6)</th>
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<tr>
<td>Beyond The Snapshot</td>
<td>10:15 AM</td>
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<tr>
<td>Financial Workshop</td>
<td>10:15 AM</td>
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<tr>
<td>The Bill of Rights and Other Freedoms</td>
<td>10:15 AM</td>
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<tr>
<td>ABC’s of Drawing</td>
<td>1:00 PM</td>
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<tr>
<td>Waking Up White in a Multi-Cultural, Multi-Racial World</td>
<td>1:00 PM</td>
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<tr>
<td>Origins of Human Evolution</td>
<td>3:15 PM</td>
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<tr>
<th>FRIDAYS (pages 7-8)</th>
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<tr>
<td>Classic Films for Senior College</td>
<td>8:30 AM</td>
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<tr>
<td>Sinatra: The Best is Yet to Come!</td>
<td>10:15 AM</td>
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<tr>
<td>Basketry</td>
<td>10:15 AM</td>
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<tr>
<td>Exploring Creativity with Mixed Media</td>
<td>10:15 AM</td>
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<tr>
<td>Round Reed Basket Weaving</td>
<td>1:00 PM</td>
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<tr>
<td>Common Sense Eldercare Finances</td>
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<th>SATURDAYS (page 9)</th>
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<tbody>
<tr>
<td>The Bill of Rights and Other Freedoms</td>
<td>9:30 AM</td>
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<tr>
<td>Dirigo Mettle, the Scots-Irish in Maine</td>
<td>9:30 AM</td>
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Total # of classes x $30 per class
$25 Annual Membership Dues
Mandatory fee paid once during the UMASC year 7/1/19 - 6/30/20
Other Senior College Membership: (identify):
Charitable Contribution to UMASC

TOTAL AMOUNT DUE

3 WAYS TO REGISTER

1. Fill out this form, add your check (payable to UMASC) or credit card info, and mail it to:
   UMA Senior College Office
   46 University Dr. • Augusta, ME 04330

2. Register online at umasc.org
   Mail a check or pay by credit card online.

3. Deliver in-person
   Bring this form to the UMASC office in The Farm House on Community Drive (moose statue on lawn).
   Pay with cash, check or credit card.

CREDIT/DEBIT CARD INFORMATION:
TOTAL PAYMENT
MUST BE FILLED IN

CARD TYPE: [ ] Visa [ ] Mastercard [ ] Discover

CREDIT CARD # ____________________________________________________________
EXP. DATE: _____________ 3-Digit Security Code: _____________
SIGNATURE ____________________________________________________________
DATE ____________________
WRITERS’ WORKSHOP II
9/16-11/8 • 8:00-10:00 am • 8 classes
Class size: 5 minimum/12 maximum
This class will continue the writing experience of Writers’ Workshop I (below). It will combine those who have finished that class. There will be opportunities to explore your experiences as well as explore some fiction and other kinds of writing. You may choose to write short essays or stories or you may choose to concentrate on longer pieces. We will continue to provide oral and written feedback to your work from the class. Bring your writers’ notebook and your continued enthusiasm for writing.
INSTRUCTOR: Janet Cowperthwaite (see bio below)

WRITERS’ WORKSHOP I
9/16-11/18 • 10:15 am-12:15 pm • 8 classes
Class size: 5 minimum/12 maximum
Here is a great opportunity to write down your experiences, your opinions, your life lessons. It is also an opportunity to explore some other forms of writing. You will be encouraged to keep a list of topics that you could be interested in writing about. Each of you will be encouraged to bring in words and meanings that appear in what you hear and read. We will be sharing examples of good writing in our reading. At the end, each will share a piece with the class. These final pieces may be gathered into a booklet. All materials will be provided.
INSTRUCTOR: Janet Cowperthwaite
Janet Cowperthwaite has worked with Writers’ Workshop in her second grade class and in a graduate writing class. The workshop that Janet has been using in Senior College has evolved from those experiences, and she feels her job is to be facilitator, encourager, and cheerleader.
Janet graduated from Houlton High School in 1959 and from the University of Maine in 1963 with a degree in English and credits to be certified as an Elementary Teacher. She earned a Master’s in Education also from UMO in 1992.

SINATRA: THE BEST IS YET TO COME!
9/16-11/18 • 10:15 am-12:15 pm • 8 classes
Class size: 15 minimum/25 maximum
Through music, film, and other media this class will examine the life and times of Francis Albert Sinatra. From his youth in Hoboken to the Rat Pack and beyond, this class will be a gas, baby!
INSTRUCTOR: Mike Bell
Mike Bell loves American history! With a Master’s degree in both history and teaching, and an undergrad degree in Political Science; he has enjoyed a varied career in teaching and historical interpretation. Mike appeared on a History Channel special about PT 109 and for over 20 years portrayed many historical figures, including Butch Cassidy and Sam Houston.

MAINE WOMEN TAKE CENTER STAGE
9/16-11/18 • 10:15 am-12:15 pm • 8 classes
Class size: 6 minimum/20 maximum
As Maine prepares to celebrate its bicentennial, this course will explore the role that women played in that history. Maine’s Remarkable Women (2016) will serve as our text but we’ll invite participants to find unknown or little known women who could easily have been included. Guest speakers and field trips are possible. This class will be participatory with class members encouraged to present a remarkable Maine woman. Let’s learn and share together about herstory in Maine.
INSTRUCTORS:
Susan O’Halloran & Linda Williams

INTERMEDIATE CONTRACT BRIDGE
9/23-11/18 • 10:15 am-12:15 pm • 7 classes
Class size: 8 minimum/18 maximum
This course assumes (at minimum) beginners’ knowledge of bridge — bidding and playing (Standard American). It will focus on measuring the strength of your hand for opening (and at least second bids), responding and rebidding.
Included topics:
One and two no trump openings and responses, preemptive bids and responses, two club bids, and slam bidding.
Each class will have time to practice the play of hands.
INSTRUCTORS: Gene & Dorothy Murray
Gene Murray is a retired trial attorney for the DOT (State of Maine). He has over 40 years of experience playing bridge. He taught beginning bridge in California, Texas, and Winthrop Adult Ed in Maine.
Dorothy Murray is a retired mathematics teacher for Maranacook Community School and part-time instructor at UMA. She also has over 40 years of experience playing bridge.
BRIDGE BASICS I
9/16-11/18 • 1:00 pm-3:00 pm • 8 classes
Class size: 8 minimum/18 maximum
Bridge Basics I is for beginning players and those who wish to brush up on the fundamentals of bridge. The class will introduce students to up-to-date methods that represent the way bridge is played today.

INSTRUCTORS:
Norma Blazer, Barbara Livingston and Suzanne Rosenberg

Norma, Barbara, and Suzanne have been involved with Senior College in various ways for a number of years. Among other things, they have enjoyed teaching bridge classes together. They believe that playing bridge is one of the best ways to enjoy one’s senior years. Now they feel it’s time to introduce more players to the game of bridge with a beginner’s class. Barbara is an experienced teacher (and even has a degree in adult education), so she keeps the team in line. Norma is a certified ACBL instructor and is the go to person for the tricky questions. Suzanne is a newer player, so remembers what it was like to try and learn how the game is played. They promise to make the class a positive, fun experience.

EMPATHIC INTUITION
9/16-11/18 • 1:00 pm-3:00 pm • 8 classes
Class size: 10 minimum/20 maximum
Come learn where empathy and intuition meet. Thus, creating balance and strength to both. While Gail Brown has put her book on hold she continues to offer up-to-date information and a lifetime of experience.

INSTRUCTOR: Gail Brown
Gail received her masters in Transpersonal Psychology. Her journey to understand intuition has led her to function as a medical intuitive for many years. Discovering the impact of intuition on peoples lives and how it impacts authenticity has been her life’s work.

MUSIC THEORY - UNLOCKING THE CODE
9/17-11/5 • 10:15 am-12:15 pm • 8 classes
Class size: 8 minimum/16 maximum
What if you had to devise a language that included gradations of pitch and of duration—rhythm, melody, harmony, tonality, instrumentation, vocals, and more. Where to begin? If music has always been Greek to you and you would like to understand how it works, this is the course for you! This course will include learning to “read” music, the intervals between tones, types of chords, and what constitutes a scale. We will be writing notes down, deciphering rhythms, and learning about major and minor keys and key signatures. We will learn to identify notes on written music and locate those notes on a keyboard. We will practice what we learn in various ways. No musical experience necessary — we will start at the beginning.

INSTRUCTOR: Kathleen Jameson
Kathleen Jameson enjoyed a long career as a music educator and administrator. She taught vocal, instrumental, and general music classes in various settings and age groups in public and private schools, and she supervised other music teachers. Kathleen plays several instruments and is a singer/songwriter. Throughout her career she has relied upon her understanding of music theory in each endeavor, whether teaching a music class, directing an orchestra or a choir, or performing herself. Kathie has met countless individuals over the years who have lamented the fact that they never learned how to read music; those individuals were the inspiration for offering this course.

THE GOLDEN YEARS OF RHYTHM & BLUES
9/17-11/5 • 10:15 am-12:15 pm • 8 classes
Class size: 5 minimum/25 maximum
From 1946 to 1959 rhythm and blues dominated black American popular music. Rooted in blues, jazz and gospel, the golden years of R&B spawned early rock ‘n roll and soul music. The objective of the course is to provide students with an appreciation of a musical genre that greatly influenced American popular music and culture in the second half of the 20th century.

INSTRUCTOR: Frank Johnson
Frank has a lifelong passion and interest in African-American music: jazz, blues, rhythm & blues, soul, and Afro-Latin. He has a collection of over 4,000 albums covering these genres. In addition, he has a personal library of over 250 books on African-American musical styles, musicians and cultural influences. Frank is a graduate of the University of Maine with a degree in Political Science and Harvard University’s John F. Kennedy School of Government Program for Senior Executives of State and Local Government.

STAY UPDATED
Check for classroom assignments, and course, concert and lecture updates at www.umasc.org

IS YOUR CLASS GETTING FULL?
Go to umasc.org for current availability info!
SoulCollage® – NEW PATHS TO INNER WISDOM
9/17-11/5 • 1:00-3:00 pm • 8 lectures
Class size: 6 minimum/10 maximum

If you don’t know about SoulCollage, come and experience this international practice by intuitively choosing images, gluing them on a 5”x 8” cards, and connecting to your inner wisdom through dialoguing with the collages. If you already are making a deck of collaged cards, you will learn a dozen new ways to process the cards for wisdom and how to use the cards to activate creative and spiritual exercises.

INSTRUCTOR: Stephanie Harkness
Stephanie Harkness retired in 2009 from the Veterans Affairs Medical Center in Augusta. She has a Florida State MSW (1985), and a University of Oklahoma Art Therapy Certificate (2000). Since 2007 Stephanie has facilitated SoulCollage® with 20 years of experience facilitating groups/workshops. She continues to study art and encourages others to explore their own creativity.

SPANISH 2.0
9/17-11/5 • 1:00-3:00 pm • 8 classes
Class size: 2 minimum/10 maximum

This class is a continuation of the Spanish 1.75 that was taught in the Spring semester. Anyone with background or prior study in Spanish is welcome. Not designed for new beginners. Emphasis will continue to be on speaking and creating content, along with some listening to native speakers (via CD) and reading each week. We will also study the future verb tense and two past tenses.

INSTRUCTOR: Diane Dionne
Diane received her BA in Education from Illinois State University with a French major and a Spanish minor. She received her MA in French, also from ISU. She also completed a 6-week summer program for American teachers of Spanish at Instituto Tecnologico de Monterrey, Mexico. Diane has had many wonderful opportunities to experience family life and local culture with friends and acquaintances in Mexico and Spain.

GRANITE HILL LECTURE SERIES
9/17-11/5 • 1:00-2:30 pm • 8 lectures
Class size: 15 minimum/50 maximum
Location: Granite Hill Estates, 60 Balsam Dr., Hallowell, ME 04347

SEPTEMBER 17
A WEEK ON THE COLUMBIAN RIVER
Presenters: Sue and Bob O’Halloran
We will describe our adventures (and mis-adventures) on a River Cruise on the biggest river on the west coast of the America’s.

SEPTEMBER 24
DIXIELAND JAZZ BANJO
Presenter: Dean Bennett
Augmented by live Dixieland and jazz music played on a 1920’s 4-string jazz banjo, this lecture consists of 4 parts: Perspectives, Performers, History, and Music. The story is told with slides, historic photos, video clips, and audio recordings of this uniquely American instrument.

OCTOBER 1
BIRDING WITH CAMERA
Presenter: Phil Downes
I became interested in birds as a young adult when I lived in an apple orchard. Books by Eliot Porter and films by Olin Sewall Pettingill, both with ties to Maine, inspired me to combine my interest in photography with birding. If you enjoy birds and photography join me.

OCTOBER 8
THE HUMAN CELL
Presenter: Peter Rosenberg
Knowing the building blocks of the human body will help us understand ourselves better.

OCTOBER 15
WINSLOW HOMER
Presenter: Art Ray
Winslow Homer (1883-1910) was an early American landscape painter known for marine subjects. He is considered one of the foremost painters in the 19th century and a preeminent figure in American art.

OCTOBER 22
DARK SKIES BENEDICT ARNOLD
Presenter: Mike Bell
The plot organized by General Benedict Arnold to turn West Point over to British forces nearly succeeded. The twists and turns of this pivotal event in U.S. history are exciting to relive and contemplate.

OCTOBER 29
A LOOK BACK: MARGARET CHASE SMITH, SENATOR FROM MAINE
Presenter: Patrick E. Paradis
This lecture will describe the service of Senator Smith from the U.S. House to the Senate; the challenges she faced and the standard she set for public service.

NOVEMBER 5
NORTHERN IRELAND
Presenter: Elizabeth Reinsborough
PowerPoint program on this small part of the UK. We will look at the history of the country, the beauty and the geography as well as the people and their traditions. Elizabeth is a native of Northern Ireland.

OUR MISSION
The mission of the University of Maine at Augusta Senior College is to provide a curriculum of stimulating learning opportunities and activities for all persons 50 and over and their partners.

The University of Maine at Augusta supports Senior College activities by providing office and classroom space, as well as, support services. All Senior College Board members, faculty, and committee members are unpaid volunteers. The efforts of all who contribute to the success of UMASC are much appreciated.
SOUL MUSIC: SOUNDTRACK FOR A GENERATION
9/18-11/6 • 10:15 am-12:15 pm • 8 classes
Class size: 8 minimum/26 maximum

Soul music reached popular heights as different musical styles emerged from major urban areas across the country: Chicago, Detroit, Philadelphia, Memphis, New York and New Orleans. We'll listen to the musicians who defined soul music in this era, the labels that produced the music, and other noteworthy contributors - all of the giants and headliners as well as the more obscure artists. We'll consider the girl groups, the male vocal groups, the individual vocalists, the Motown sound, the Stax/Volt roster and the influence of the deep south performers.

The objective of the course is to provide a survey of the music that influenced American popular culture and reflected the mood of the times.

INSTRUCTOR: Frank Johnson
Frank has a lifelong passion and interest in African-American music: jazz, blues, rhythm & blues, soul, and Afro-Latin. He has a collection of over 4,000 albums covering these genres. In addition, he has a personal library of over 250 books on African-American musical styles, musicians and cultural influences. Frank is a graduate of the University of Maine with a degree in Political Science and Harvard University’s John F. Kennedy School of Government Program for Senior Executives of State and Local Government.

INTRODUCTIONS TO THE LIFE, POEMS AND CRAFT OF ROBERT FROST
9/18-11/6 • 10:15 am-12:15 pm • 8 classes
Class size: 5 minimum/12 maximum

Robert Frost is one of America’s best known poets. Many of us are familiar with some of his poems. This course will revisit and discuss these most familiar poems and some less well-known works as well. Frost was an interesting and complex man intellectually and personally. His life and experiences shape the themes of his poetry. This course will explore both his life and poems. Those wishing to learn more about poetry in general are welcome. Even if you are new to poetry you should find Frost a wonderful vehicle to learn about poetry in general.

INSTRUCTOR: James Breslin
James Breslin, a retired Clinical Social Worker, is an active poet with two books of poems to his credit: The Crow and Other Poems, and Hummingbird, New and Collected Poems, Moon Pie Press, Westbrook, ME. He has published in the Lyric, Aurorean, The Mother (Ireland), Off the Coast, Pulse, and Stanza; and has won several prizes from the Maine Poets Society. A friend of Ted Bookey’s, James has attended many of his UMASC Poetry and Humor classes.

DESPAIR AND HOPE IN THE ANTHROPOCENE
9/18-11/6 • 1:00-3:00 pm • 8 classes
Class size: 7 minimum/17 maximum

Humankind has wrought remarkable changes on our planet in bringing about productivity and trade which support billions more people today than just a few centuries ago. At the same time we are heating, polluting, depleting and corrupting our earth and atmosphere to the extent that our very productivity is limited and our long-term survival as a species is in question. Because of human effects geologists are considering a new name for the epoch in which we live. The changes we are seeing will strongly affect our children and grandchildren. In this course we shall converse, through print, with prize-winning journalists who have witnessed up close the changes taking place around us. We will discuss what is happening now in social, political, technological and economic arenas, and learn more about what we can do to change course, conserve what we have and adapt to what we lose. The course will be conducted in a seminar fashion so that everyone can have their say. Some intense, though limited, reading will be required. Textbook supplied.

INSTRUCTOR: Chuck Acker
Charles Acker holds a PhD in clinical and physiological psychology from UCLA to help him understand belief systems and mind-body relationships. In the distant past he worked with community leaders, interested older citizens, Senior College Network promoters and key UMA personnel to help bring Senior College to Augusta.

FORUM ON THE FUTURE
SUNDAYS • 2 PM • JEWETT AUDITORIUM

SEPT. 22, 2019 Women in Politics
NOV. 3, 2019 Citizenship/Immigration
FEB. 2, 2020 (snow date 2/16) Our Divided Country
MAR. 22, 2020 (snow date 3/29) Criminal Justice System

Forum on the Future is a series of lectures and panel discussions that provides a wide variety of topics of interest to the community at large.

FORUMS ARE FREE AND OPEN TO THE PUBLIC
For more info, go to UMASC.org or call (207) 621-3551

Sponsored by UMA and UMA Senior College

IS YOUR CLASS GETTING FULL?
Go to umasc.org for current availability info!
BEGINNER CROCHET
9/18-11/6 • 1:00-3:00 pm • 8 classes
Class size: 6 minimum/20 maximum
Students will learn beginner crochet stitches, how to hold the hook, how to read a pattern, and how to complete projects. The teacher will supply simple patterns and a variety of samples of basic crochet projects.
Provided materials: Hooks, yarn, yarn needles, scissors, notebook and pen

INSTRUCTOR: Carole Fitzgerald
Carole Fitzgerald learned to crochet 46 years ago from her mother-in-law and has had a variety of her patterns published. She taught crochet at Michaels, Joann’s and at Stevens Elementary School and Stevenson Middle School in Houston, Texas.

CENTRAL MAINE’S ARCHITECTURAL HISTORY
9/18-11/20 • 2:30-4:30 PM • 10 classes
Class size: 4 minimum/25 maximum
Learn about 250 years of Maine architecture, and maybe learn something about YOUR house! This course hopes to develop an appreciation for our local, vernacular architecture while at the same time making connections to broad architectural themes. Also, learn how to be an advocate for historic preservation. The class will combine classroom presentations with 5 field trips covering five major architectural periods (18th Century, Federal, Greek Revival, Victorian, and Modern). Students are encouraged to share their own old house stories or problems. There will be slides of MANY local, central Maine examples (over 500), numerous hands-on artifacts, as well as, general discussions of methods of construction, technology changes, style changes, and the ideas behind them.

INSTRUCTOR: Dan Mitchell
Dan Mitchell, an enthusiastic advocate for historic restoration, traditional building, and Maine’s culture, has a small restoration carpentry business in Sidney called River Road Restoration. He has done presentations for nearly all local historical societies, and has taught this course for adult education in Waterville and Augusta.

BEYOND THE SNAPSHOT
9/19-11/7 • 10:15 AM-12:15 PM • 8 classes
Class size: 5 minimum/12 maximum
This course is designed to encourage learners to get more out of their digital camera by moving beyond “auto-settings.” The course covers the fundamentals of photography including: exposure, modes, lenses and, briefly, post-processing. The goal is to compose great photos in a variety of situations and subjects such as: landscapes; flowers; wildlife; family and portraits. During this hands-on course, students will be encouraged to photograph and share their images.

INSTRUCTOR: Elise Klysa
Elise Klysa is the owner and photographer of a full service photography business specializing in events, weddings, photojournalism and portraits. Since moving to Maine, Elise has immersed herself in photography where she draws her inspiration from finding the extraordinary in the ordinary. She recently won DownEast Magazine’s Reader’s Choice Grand Prize for Lifestyle Photography and her work is featured in exhibits in Portland and Augusta.

FINANCIAL WORKSHOP
9/19-11/7 • 10:15 AM-12:15 PM • 8 classes
Class size: 5 minimum/20 maximum
Financial education is an important step in helping you achieve a better future. This “Financial Workshop: Your Source for Financial Education” offers clear and practical investing education in a convenient and comfortable format. By attending this workshop, you’ll gain a better understanding of the key principles of saving and investing and also learn the specific strategies to help reach your long term goals.

INSTRUCTOR: Julie Barter Lucas
Julie is a financial advisor and limited partner with Edward Jones in Augusta, Maine and holds the designation of Accredited Asset Management Specialist. She serves the firm as a new and level one health coach, field trainer, regional WINGS leader, women’s inclusion specialist, and recruiting leader.
She earned her bachelor’s degree in economics from Bowdoin College. Julie lives in Readfield, Maine and is an active member of our community, serving on the boards for the Augusta Boys and Girls Club, Kennebec Valley YMCA and Augusta Rotary, and is a member of the Kennebec Valley Chamber of Commerce.

REGISTRATION & MEMBERSHIP
TO REGISTER for UMASC courses go to www.umasc.org, or mail in the registration form on the inside cover of this program to:
UMA Senior College Office - The Farm House • 46 University Drive, Augusta, ME 04330
You may also submit your registration in person at the UMASC office in the Farm House on Community Drive (moose on lawn).
Senior College membership is $25 per year (July 1 to June 30). Class tuition is $30 per UMASC course (Includes books and materials provided by UMASC). Senior College participants who are members of the Maine Association of Retirees (MAR) are eligible for partial membership reimbursement from MAR (see www.maineretirees.org).
THE BILL OF RIGHTS AND OTHER FREEDOMS
9/19-11/7 • 10:15 AM-12:15 PM • 8 classes
Class size: 8 minimum/18 maximum

American colonists cherished their rights, fought a war for them, and then initially failed to include even the most basic rights in the U.S. Constitution! Why? What really happened?
We’ll begin the course with a broad discussion of “rights”, what they are and who should have them. We’ll look at early examples contained in colonial documents and state constitutions. Then we’ll examine the reasons for the initial omission at Philadelphia’s Constitutional Convention in 1787.
Next, prepare to examine and discuss each Constitutional amendment dealing with “rights” including those beyond the first ten.
Finally, we’ll review some of the Supreme Court decisions that have "morphed", modified, or magnified the rights enjoyed by people in the United States today and discuss "new" rights that are currently postulated.

Course Text (provided)
Other supplemental reading provided.

INSTRUCTOR: Jerry Nault
Jerry Nault enjoys reading and discussing American and Maine history, government, and politics. He’s a native New Englander, has lived in Maine for over 35 years, and served on municipal and regional governing boards and committees. With degrees in Engineering and Business Administration, he has worked in the private sector and state government before retiring. His wife Vikki and he live in Windsor.

THE BILL OF RIGHTS AND OTHER FREEDOMS is also taught on Saturday morning at 9:30.

ABC’S OF DRAWING
9/19-11/7 • 1:00-3:00 pm • 8 classes
Class size: 6 minimum/15 maximum

The ability to draw is being able to see what is observed and to transfer that observation to paper. Fundamental drawing skills and techniques can be learned. We will use exercises to encourage the right side of the brain to do the work of “seeing”. With practice, it will gradually become easier to switch consciously into intuitive visual perception. “What the eye can see, the hand can draw.”—Michelangelo. Materials provided.

INSTRUCTOR: Barbara McCarthy
Barbara McCarthy’s life has always been filled with a desire to create art. She remembers watching her artist mother draw portraits of family and friends, and then drawing her own “beautiful” princesses. Even after nursing school, marriage and raising 5 children; she earned a BA in studio art at Smith College and continues to share her love.

WAKING UP WHITE IN A MULTI-CULTURAL, MULTI-RACIAL WORLD
9/19-11/7 • 1:00-3:00 pm • 8 classes
Class size: 5 minimum/12 maximum

This course is designed for discussion of the geo-political, sociological, and psychological issues involving whiteness vs. color. Topics will include race vs. class, white superiority concerns, color blindness, belongingness, perception and fear, becoming multi-cultural, equality and equity, and tolerance to engagement. Students will also view the film: Waking up French. Textbook provided

INSTRUCTOR: Grace Leonard
Grace Leonard is a Professor Emerita of Psychology and Mental Health at the University of Maine at Augusta. During her tenure at UMA, she served as an Academic Dean, a Department Chair of Social Sciences and a Professor. She considers her focus to be Community Mental Health. She also serves on several community based boards and committees in the greater Augusta community.

ORIGINS OF HUMAN EVOLUTION
9/19-11/7 • 3:15-5:15 pm • 8 classes
Class size: 5 minimum/20 maximum

Origins of Human Evolution, is a seminar style course which tells the biological story of the creation of human life on Earth. The first semester of this two-semester course introduces the basic concepts of Darwin’s natural selection and sexual selection of species. We examine the nature of instinctual behaviors for applicability to our own culture. Overviews on the workings of geology and the formation of our solar system allow us to explore the creation of the first living molecules within Earth’s ancient oceans. We then explore how an extraordinary fusion between two biological kingdoms catapulted life onto the land.

INSTRUCTOR: Bill Portela
Bill Portela has taught at every learning level in Maine, from elementary to university. He has been a volunteer teacher at the alternative, Evergreen Sudbury school in Hallowell. For the last 6 years he has been working on a book on evolution, which forms the basis of this class.
CLASSIC FILMS FOR SENIOR COLLEGE
9/20-11/15 • 8:30 am-12 noon • 9 weeks
Location: the Klahr Center
Class size: 6 minimum/50 maximum

This 9 week course consists of an analytical and fun discussion group exploring the relative merits of selected top-rated Classic Films as determined by the American Film Institute (AFI), British Film Institute (BFI), and prior classes. Films are critiqued by participants. Class members are encouraged to suggest movies and lead discussions.

The 9 movies for this semester are:
Kiss Me Kate, 1953; All Quiet On the Western Front, 1930; Friendly Persuasion, 1956; Moonstruck, 1987; Forrest Gump, 1994; Shawshank Redemption, 1994; Shine, 1996; Finding Forrester, 2000; and Schindler’s List, 1993.

Text and study materials are provided. We accommodate the hearing impaired.

INSTRUCTORS:
Chet Day, Art Ray, Peter Ezzy

Chet Day has degrees in math, physics, EE/computer science, and business admin. He retired in 1995 from computer communications research for Bell System. Chet is on the UMASC Arts and Presentations Committee and volunteers for UMASC/UMA College of Arts & Sciences Concert Series. He and Deena have 4 grandchildren.

Art Ray is a graduate of the University of Maine in electrical engineering and retired after 35 years at CMP. A student of UMASC since Fall 2003. Art does PowerPoint lectures on art and Maine local history for the Granite Hill/Brown Bag programs.

Peter Ezzy is an early supporter of Maine Senior Colleges and currently serves on the UMA Senior College Curriculum Committee. He recently retired from State service after working in the human services program area for over thirty-three years. He also served as a reserve officer with the Maine Emergency Management Agency. After completing undergraduate and graduate studies at UM at Orono, he served proudly in the USAF. He is also active with the Maine Association of Retirees. He is an avid gardener and outdoorsman.

SINATRA: THE BEST IS YET TO COME!
9/20-11/8 • 10:15 am-12:15 pm • 8 classes
Class size: 15 minimum/25 maximum

Through music, film, and other media this class will examine the life and times of Francis Albert Sinatra. From his youth in Hoboken to the Rat Pack and beyond, this class will be a gas, baby!

INSTRUCTOR: Mike Bell

Mike Bell loves American history! With a Master's degree in both history and teaching, and an undergraduate degree in Political Science; he has enjoyed a varied career in teaching and historical interpretation. Mike appeared on a History Channel special about PT 109 and for over 20 years portrayed many historical figures, including Butch Cassidy and Sam Houston.
BASKETRY
9/20-11/8 • 10:15 am-12:15 pm • 8 classes
Class size: 5 minimum/10 maximum
This class will be for both beginners and returning students. The students who have made baskets before will be able to choose from a collection of patterns. I will be available for technical assistance. The beginners will be given a number of patterns that will teach the fundamental skills. The goal is to have fun and relax. Each new step will be demonstrated.
You will need to bring a pail, yard stick, clips, heavy duty scissors, pencil, and awl.
INSTRUCTOR: Diane Wheeler
Diane Wheeler graduated from UM at Orono with a social work degree. She took several art courses while attending college. Diane worked for the State of Maine for 25 years and retired as a Case Work Supervisor for children’s services. Over the years, Diane has taken numerous courses and workshops in various art mediums. Her current main interest is Basketry.

EXPLORING CREATIVITY
WITH MIXED MEDIA
9/20-11/8 • 10:15 am-12:15 pm • 8 classes
Class size: 8 minimum/20 maximum
Come join this friendly and fun class where we are explorers using various forms of mixed media to create unique pieces of art. We have our “oldie” students who have joined some of our classes and we always welcome “newbies” to join the class. If you are afraid of art or feel you are not an artist, then this is the class for you. We are all creative beings and we will engage in lots of safe and creative exercises to discover our own creative expression.
INSTRUCTOR: Carole Baldwin & Elizabeth Luckraft
Carole Baldwin chairs the UMASC Board of Directors and Curriculum Committee, and subs Fit For Life classes! She was a high school health and PE teacher/coach, health educator for the School Health Education Program and Health Programming Incorporated, Substance Abuse Educator/Counselor, and guidance counselor for Skowhegan Middle School.

Elizabeth Luckraft has degrees in education and mental health counseling. She has been on the faculty at UM Farmington for almost 20 years and was previously a classroom teacher at a variety of grade levels. Her work as a clinical counselor, polarity therapist, and a teacher have fed her passion for encouraging people’s personal growth and exploration. Elizabeth loves being creative and views this course as an opportunity to experiment and explore.

ROUND REED BASKET WEAVING
9/20-11/8 • 1:00-3:00 pm • 8 classes
Class size: 5 minimum/10 maximum
Basketry using round reed, aka wicker. This type of weaving is lighter and airier and lends itself to creativity. This new class will be for beginners and those who have some experience in basket making. Everyone will make the same two items to begin with. These items will teach the fundamentals. Then a number of patterns will be offered to choose from. Each student will work at their own pace. The goal is to have fun, relax, learn a new skill and let your creativity flow.
You will need to bring a pail, yard stick, pencil, heavy duty scissors, an awl (ice pick, or small gauge knitting needle), & needle nose pliers.
INSTRUCTOR: Diane Wheeler (See bio at left.)

COMMON SENSE ELDERCARE FINANCES
9/20-11/8 • 1:00-3:00 pm • 8 classes
Class size: 3 minimum/16 maximum
During our lives we make 4 major financial investment decisions: 1) Our education after high school, 2) A house, 3) The education of our children, and 4) Eldercare. Any surplus passes to our heirs! What can one do to maximize her/his estate? This workshop will address that issue.
Topics:
1. Have fun with numbers: do Time Value of Money (TVM) in your head.
2. Use 4th grade arithmetic to predict investment results.
3. Explore the late Jack Bogle’s index fund investing.
4. “Earmark” assets for eldercare to be independent of family support.
5. Visit eldercare facilities.

INSTRUCTOR: Chet Day
Chet Day has degrees in math, physics, EE/computer science, and business admin. He retired in 1995 from computer communications research for Bell System. Chet is on the UMASC Arts and Presentations Committee and volunteers for UMASC/UMA College of Arts & Sciences Concert Series. He and Deena have 4 grandchildren.

UMASC POLICY: Disabilities & Special Needs
The University of Maine at Augusta Senior College complies with all laws which define the rights of individuals with disabilities and makes reasonable efforts to accommodate specific needs related to Senior College programs. If you have specific disability needs, please let the Senior College office know about them in a timely fashion, for lead time is required to determine possible accommodations.

In complying with the letter and spirit of applicable laws and in pursuing its own goals of diversity, the University of Maine System shall not discriminate on the grounds of race, color, religion, sex, sexual orientation, including transgender status and gender expression, national origin, citizenship status, age, disability, genetic information or veteran status in employment, education, and all other areas of the University System. Upon request, the University provides reasonable accommodations to qualified individuals with disabilities.

Questions and complaints about discrimination in any area of the University should be directed to: Sheri Stevens, Equal Opportunity Director, UMA Farmhouse, 621-3110 (TDD-207-621-3107).
THE BILL OF RIGHTS AND OTHER FREEDOMS
9/21-11/9 • 9:30-11:30 AM • 8 classes
Class size: 6 minimum/15 maximum

INSTRUCTOR: Jerry Nault
This class is taught on Saturday & Thursday. See page 6 for description.

DIRIGO METTLE, THE SCOTS-IRISH IN MAIN
9/21-11/9 • 9:30-11:30 AM • 8 classes
Class size: 5 minimum/20 maximum

This course will explore the origins of the Scots-Irish by telling the story of the inter-relationship among Scotland and Ulster (the northern province of Ireland where the Scots-Irish are generally referred to as the Ulster-Scots), and Ulster and America. These connections are reflected in many different ways, such as family history, religion and linguistics, to name a few. Key figures in the Scots-Irish story in Ulster and Maine will be highlighted, including the scientists, explorers, authors, rebels, statesmen, educators, and philanthropists.

We will explore the themes of migration from present day Northern Ireland to Maine, and students will be introduced to the socio-economic, environmental, and religious reasons involved in multiple migrations. We will learn also of the rich history of the Northern Ireland legacy evident in many areas of Maine Politics, Governance, legal systems and community. There will be an opportunity to connect with students studying similar themes in Northern Ireland explained during the first class.

INSTRUCTOR: Rebecca Graham
Rebecca Graham is the President of the Maine Ulster Scots Project, joining John Mann in his efforts in 2008 through her archaeological research project on the 1718 Cork Settlement with Barry H. Rodrigue. A graduate of The University of Southern Maine, Ulster University’s Transitional Justice Institute, in Belfast, Northern Ireland, and European Inter-University Centre for Human Rights and Democratisation, Venice Italy, Rebecca works in the area of democratic governance and electoral evaluation internationally, and legislative advocacy in Maine. Her most recent work, 1718-2018: Reflections on 300 years of Scots Irish in Maine, focuses on the legacy, impact, and family stories of this early migration from north of the island of Ireland.

Thank you Bev for 16 years of devoted service to Senior College.
We have always felt that we are Bev’s second family, but now she will return to Nebraska and her family of origin.
Your contributions have made our Senior College family very successful!

BEST WISHES TO YOU IN YOUR RETIREMENT.

The UMAC Board of Directors, committee members, faculty & the entire membership of Senior College.

UMA CAMPUS MAP

1 – Alumni Center
3 – UMASC Office (Farm House)
6 – Jewett Hall (Auditorium & Classrooms)
7 – Katz Library
8 – Klahr Human Rights Center
14 – Randall Student Center
P – Parking

Directions to Jewett Hall
South bound on I-95 to exit 112: exit right, bear left, and turn left at the light onto Rt. 27. In 0.8 miles...
North bound on I-95 to exit 112a: exit right and turn right at light onto Rt. 27. In 0.6 miles (through 2 more lights and passing Denny’s on the left) turn right at the UMA marquee. Turn left at the top of the hill and enter the parking lot in front of Jewett Auditorium.
### UMA SENIOR COLLEGE
#### 2019 FALL SEMESTER CLASSES

**Mail in your Registration or register online @ umasc.org • 207-621-3551**

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<td>SPANISH 2.0</td>
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